



housing

CONTINUING CARE SERVICE

Kaiser Permanente Services

Senior Care Management 619-641-4027

Community Services

This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members are encouraged to contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions.

*2-1-1 San Diego 211
For the most current shelter and rehab availability and info 800-227-0997
www.211sandiego.org

Aging & Independence Long Term Care Ombudsman Program 858-560-2507
www.sandiegocounty.gov/programs/services 800-640-4661

*Alpha Project..... 619-542-1877
www.alphaproject.org

Alternatives for Seniors (information on senior living communities) . 888-932-7747
www.AlternativesForSeniors.com

California Advocates for Nursing Home Reform..... 800-474-1116
www.canhr.org

California Residential Facility Search
<https://www.ccl.dss.ca.gov/carefacilitysearch/>

CalQualityCare.org (California Nursing Home Search)
<https://www.caregiver.org/calqualitycareorg>

*Catholic Charities.....619-323-2841
www.ccdsd.org

Center for Social Advocacy
Fair housing, Landlord/Tenant Counseling, Shared Housing..... 619-444-5700
www.c4sa.org

Choose Well - reviews assisted living facilities in SD County 858-221-4862
<http://choosewellsandiego.org>

<http://continuingcare-sandiego.kp.org>



Community Services continued

- Community Care Licensing..... 619-767-2300
<https://www.cdss.ca.gov/inforesources/community-care-licensing>
- County of San Diego Housing Resource Directory* (2020)..... 877-478-5478
<https://www.sandiegocounty.gov/content/sdc/sdhcd/housing-directory.html>
- ElderHelp of San Diego 619-284-9281
www.elderhelpofsandiego.org (Poway office) 858-748-9675
- *Father Joe's Villages (includes St. Vincent de Paul Village) 619-233-8500
<https://my.neighbor.org/housing>
- Homelessness Response Center 619-880-8810
Walk-ins welcome: 1401 Imperial Avenue, San Diego, CA 92101
www.sdhc.org/homelessness-solutions/hrc/
- Housing and Urban Development – HUD ombudsman 619-578-7553
Low-rent apartment search (below)
<https://resources.hud.gov/>
- *Interfaith Shelter Network..... 619-702-5399
<http://interfaithshelter.org>
- Neil Good Day Center*, 299 17th St., San Diego 92101 619-230-7390
Single men/women point of entry to other shelters, mail service,
safe day environment
- New Lifestyles (senior living and care options; view guide online) ... 800-869-9549
www.NewLifeStyles.com
- *PATH (People Assisting the Homeless) 619-810-8600
Street outreach and intake for Connections Housing
1250 6th Ave., San Diego, CA 92101
www.epath.org/site/PATHSanDiego/home.html
- *Salvation Army Family Services (social service intake desk) 619-699-2216
- *San Diego Housing Commission 619-231-9400
SDHC Rental Assistance Call Center 619-578-7777
Affordable housing resource guide; homelessness prevention programs
[Housing Opportunities Through the San Diego Housing Commission \(sdhc.org\)](http://HousingOpportunitiesThroughtheSanDiegoHousingCommission(sdhc.org))
- *San Diego Rescue Mission..... 619-687-3720
www.sdrescue.org
- Seniorly 855-866-4515
(senior living listings including assisted living, memory care or independent
living; can filter for short-term stay or by cost)
www.seniorly.com

Community Services continued

- *Serving Seniors (transitional housing)..... 619-235-6572
www.servingseniors.org
- *South Bay Community Services (24-hr hotline)800-640-2933
- Veterans Village of San Diego*(transitional housing available)619-497-0142
4141 Pacific Highway, San Diego, CA 92110
www.vvsd.net

** Information and services that may be helpful for the homeless*

Helpful Terms

Housing and Urban Development (HUD)

A federal government program of low-income housing for persons who qualify.

Shared Housing

An option for an elderly person to share his or her home with another person in exchange for rent or services such as housekeeping, cooking, companionship, etc.

For corrections or additions to this handout, please call (619) 641-4456